

# Room directory







Avenue Bernard Loiseau - 21210 Saulieu, France +33 3 80 64 36 19 info@tourdauxois.com Scan to visit our website

### Charming hotel in Saulieu

Welcome to the hostellerie de la Tour d'Auxois, located in the centre of Saulieu, in the Morvan Regional Natural Park, also called Le Petit Canada.

In this leaflet, you will find all the useful information to guide you during your stay.

At the gates of the Morvan, we welcome you in a monastic house built on 13th century ramparts. This 17th century building has kept the authenticity of past centuries.

You will be able to enjoy a warm and cosy accommodation in a charming house of character.









### Information



To contact reception, call 9.



The hotel is equipped with a free WiFi Internet access, with a high speed wireless connection.

To connect, choose the server «WIFI Tour D'auxois» then enter the following password: 12341234

In case of connection problems, please contact the reception or 9 from your room phone.

### The Hostellerie de La Tour d'Auxois has 29 charming rooms



The hotel has 6 Suites (from 35m²) equipped with a lounge area, a bathroom and a shower room. The traditional floor tiles and the apparent beams will remind you of the authenticity of this place.



Our 12 Charming rooms (between 18 and 20m²) are ideal for a stay for one or two people.

They are located in a quiet area on the garden side and/or on the inner courtyard side of the establishment. One of these rooms is equipped with a bathroom adapted for people with reduced mobility.



Equipped with showers or bathtubs, our Classic rooms (between 15 and 17m<sup>2</sup>) are oriented towards the Auxois massif and allow our guests to enjoy a relaxing moment in the heart of Burgundy.

### Your room

Please inform the reception if you do not wish to have the daily cleaning service during your stay.

All plugs in your room are permanently powered (220 volts). Adapters (not converters) are available at reception.

The hospitality tray, equipped with a water kettle, provides you free of charge with tea, coffee and herbal tea.

A remote control is available in your room. Your flat screen TV offers you numerous TNT channels. (Canal + in free-to-air only)

A hairdryer is available in your bathroom.

### Our services



### Reception desk

Our reception team welcomes you from Monday to Sunday:

- Tuesday from 4 pm to 8 pm.
- Wednesday to Sunday from 7 am to 8 pm.
- Monday from 7am to 11 am.





#### Breakfast

Continental buffet - 15 € per person

A tasty continental breakfast made from fresh, local produce is served daily from 07:30 to 10:00 in the breakfast room.

#### Drinks

Orange juice
Apple juice
Semi-skimmed milk
Coffee 100% Arabica
Tea/Tisane/Infusion
Mineral water

#### Salted elements

Soft or semi-salted butter White or dry ham Cheese (brie, comté) Soft-boiled eggs «GAEC Villarmet»

#### Sweet elements

Croissants
Pains au chocolat
Traditional baguette «La-Roche-en-Brenil»
Baguette aux céréales «La-Roche-en-Brenil»
Jams (strawberry, cherry, bitter orange, apricot) Honey
Chocolate spread «Quarré-les-Tombes»
Cereales (cereal flakes, muesli)
Dried fruits (almonds, hazelnuts, prunes, apricots)

Natural yoghurts
Fruits yoghurts
«Abbaye Sainte-Marie de la Pierre-qui-Vire»
Apple compote

Seasonal fruit

### The bar

The bar is open from wednesday to sunday 9 am to 8 pm.

Water Vittel Litre Vittel 50cl Perrier fines bulles Litre Perrier fines bulles 50cl  Sodas	€ 6 4 6 4	Aperitif & digestives Regional beers 33cl Kir classic 12cl Kir crémant 12cl Classic aperitif 4cl Classic digestif 4cl Whisky & Whiskey	€ 7 7 10 6 7	
Schweppes Indian Tonic Coca Cola «original taste» Ice Tea Lemonade	5 5 5 5	Crémant & Champagne Crémant de Bourgogne Champagne	12 cl 8 14	75 cl 40 65
Fruit juices Orange juice Apple juice Tomato juice	5 5 5	White wines Chablis Hautes Côtes de Beaune Ladoix 1er cru 2020	7 7 10	35 35 55
Cafeteria Expresso Long coffee Tea & infusion Hot chocolate	7 6 3 13	Red wines Hautes Côtes de Beaune Givry 1er cru 2015	7 10	35 55

### Mini-bar and snacking

Order before 8 pm from reception by calling 9.

Eaux Vittel Litre Vittel 50cl Perrier fines bulles Litre Perrier fines bulles 50cl	€ 6 4 6 4
Sodas Schweppes Indian Tonic Coca Cola «original taste» Ice Tea Lemonade	5 5 5 5
Fruit juices Orange juice Apple juice Tomato juice	5 5 5
Snacks Crunchy cacao Gruyere cheese biscuits Salted butter caramel popcorn Caramel	7 6 3 13

### Our «Loiseau du Morvan» Bistrot

Built on the town's own 13th-century ramparts, this 17th-century building is part of the outbuildings of the former Ursuline convent at the gateway to Morvan. A house full of character, this former coaching on the roman road from Autun to Auxerre offers an authentic atmosphere. The rotunda-shaped dining room offers a 360° view over the tree-lined garden and the famous façade of the family address.

"Loiseau Morvan" du reflects this typically Burgundy anchorage with its terracotta floor tiles, Burgundy flagstones and beautiful wood panelling. and above all its emblematic local dishes.

A true bistro experience, "Loiseau du Morvan" is committed to offering local market cuisine that is accessible to all. Convivial and generous, it pays tribute to the terroir and to regional classics such as oeufs en meurette and poultry Gaston Gérard.

Open from Tuesday to Saturday for lunch and dinner. Weekly closures: Sunday and Monday.



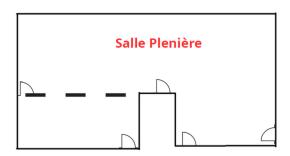




### Our Seminar Room

We offer our knowledge and expertise to organize your seminars, events, training courses or meetings.

The meeting room with sub-commission room has a surface area of 65 m2. It can accommodate up to 60 people in theater or cocktail configuration, and up to 25 people in U configuration.



Equipment includes overhead projectors, flipcharts, wifi connection and beverages (water and coffee).

Several formulas are available: seminar, residential, half-day... From €63.88 excl. tax, based on 8 people.







### Pratical information



We thank you to leave your room before 11:00 am. After this time, you may be charged for the following night.

Newspapers and magazines are available in the hotel lobby.

The hotel accepts the following credit cards: American Express, Visa, MasterCard.

The management recommends that you do not leave valuables in your room and that you keep an eye on your personal belongings in the common areas. Our safe is at your disposal at the reception and is accessible from 8 am to 8 pm.

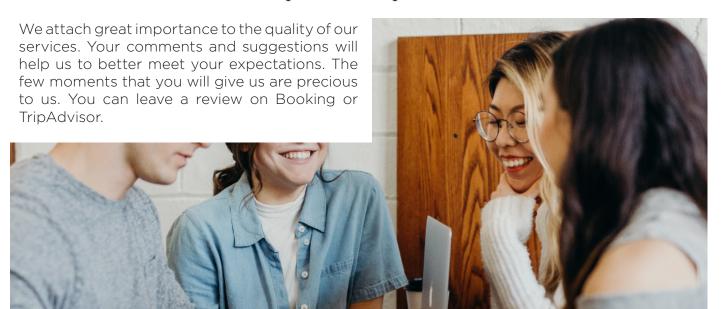
#### Guest with disabilities



The hotel is accessible to disabled people or people with reduced mobility (1 room with a perfectly adapted bathroom), the entrance is located in the interior courtyard of the hotel and allows access to all floors by lift. A complete guide is available at the reception.



### Your opinion is important to us



#### Transports



For your travels, we will be happy to provide you with information about the transportation available near the hotel (bus, cab).



If you need a shuttle (paying service / outside company) or a cab to go to the airport, please make the reservation 24 hours in advance at the reception.

Ask at the reception for information on how to get around and discover the city on foot or by bike. A secure bike room is available on request. All information for your walking or cycling trips is available at the reception.

#### Children



The hotel can offer you a baby bed, a high chair or a changing mat on request. We can warm up your child's meals.

For all other requests, please contact the reception directly.



### Sustainable and responsible stay



#### • Let's protect out water resources

We change your towels at your convenience: simply place the towels to be changed in the bath or on the floor.

We limit the change of sheets (every 3 days) in order to reduce the amount of washing powder in the water. Remember to turn off the taps when brushing your teeth and not to let the water run unnecessarily: a 5-minute shower uses 40 to 50 litres of water, each additional minute uses 10 litres more!



#### • Let's reduce our waste quickly

As far as possible and in compliance with the rules of hygiene, we limit as much as possible single-use products and over-packaging. Help us to sort waste, with a few simple gestures

- put your paper wrappers in the wastebasket in the room
- put your other waste in the bathroom garbage can
- deposit your used batteries at the reception
- a selective sorting is at your disposal at the reception desk when you leave the elevator

### Located in front of the hotel: Relais & Châteaux Bernard Loiseau:

### The gastronomic Restaurant La Côte d'Or \*\*



#### The Spa Loiseau des Sens





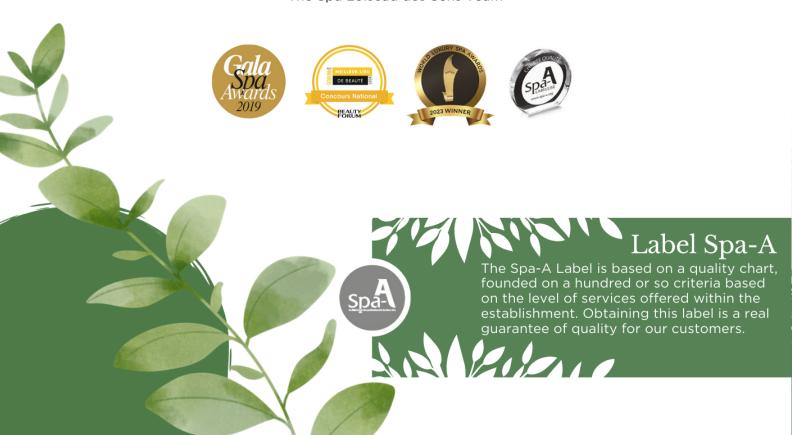
The Spa Loiseau des Sens is above all a man, Bernard Loiseau, and the family spirit that reigns here. Authenticity, passion and avant-garde are the keywords of our philosophy.

That's why we have chosen to offer you a selection of treatments based on nature, in an environment conducive to escape and well-being, transporting you into a truly enchanted tale, just like the Morvan.

Surrounded by fir forests, lakes and lush green plains that change with the seasons, enjoy a unique, magical and timeless experience.

We wish for each of you, a moment up to your expectations, the one you deserve.

The Spa Loiseau des Sens Team



# Our natural treatment partners with undeniable expertise 100% Made in France











A genuine consecration of nature, this premium French brand devotes all its expertise to achieving results.

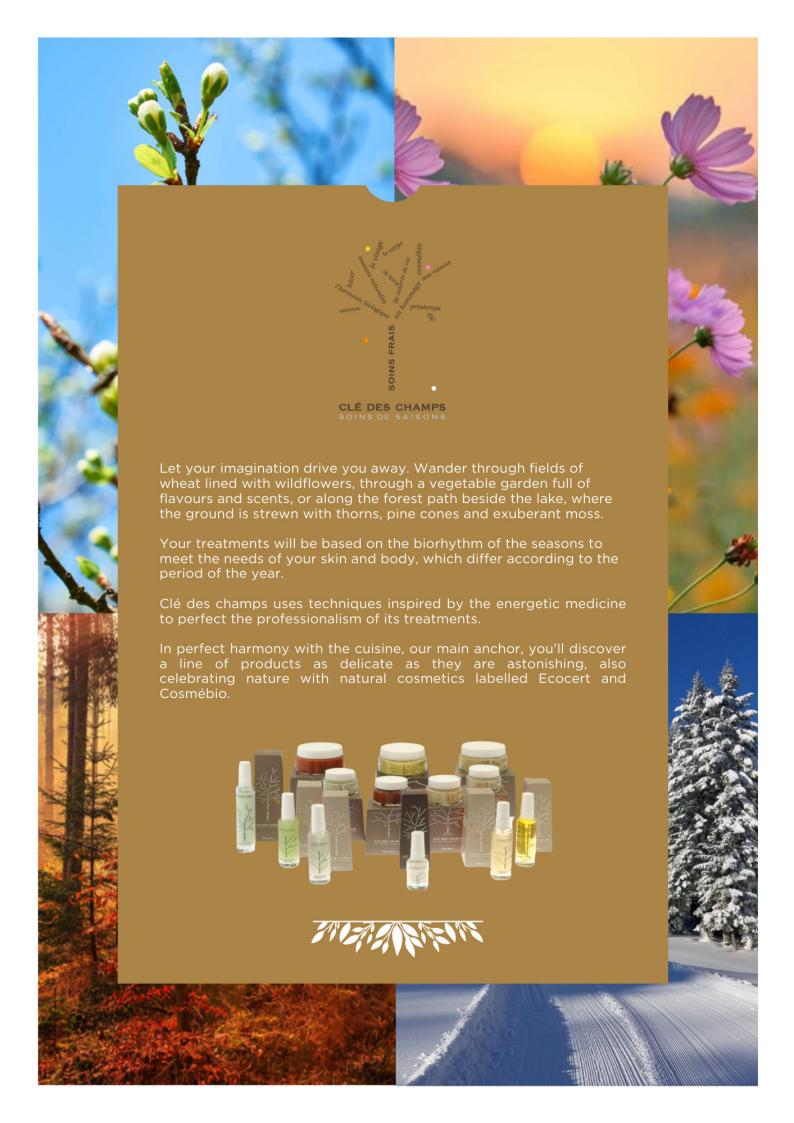
The anti-ageing power and extreme efficacy of our skincare products are made possible thanks to precious plant-based active ingredients, mainly of organic origin, as well as a high concentration of active ingredients.

The benevolent gesture and the olfactory universe invite you to live an unforgettable holistic experience.

Olivier Couraud, the brand's founder, evokes through his treament products the passion that has driven him since childhood. He brings you the riches of his travels around the world, to offer you the very best of nature at the heart of cutting-edge plant-based cosmetics.

The formulas are guaranteed to be free from parabens, phenoxyethanol, mineral oil, synthetic colourings and propylene glycol.







SOIN NATUREL DU CHEVEU

Founded in 1968 and established as an institution in the field of hair treatment, the Leonor Greyl brand is the fruit of love, between Leonor Greyl, who was enamoured of the beauty and health of hair, and Jean-Marie Greyl, her husband, an engineer with a passion for botany.

At that time already, the couple wanted to offer everyone the chance to take care for and sublimate their hair, by creating products formulated from high quality plants and natural active ingredients.

Today, Caroline, their daughter, and her husband David Thomas Brooks are working to perpetuate this family history.







### Our iconic treatments

### Our Anti-Ageing Facial Treatments OLIVIER CLAIRE



### The Major Beauty Treatment | 1h45 | 199€ | by Olivier Claire

This exceptional personalised treatment meets the highest expectations in visible, long-lasting antiageing results. The skin is rejuvenated, wrinkles smoothed, features redefined and the oval of the face remodelled. Perfectly suited to all skin types, no matter the age, and has a positive effect on skin quality. The enveloping gestures invite you to let go and feel a intense freshness through you.

#### The Moisturising and Anti-Ageing Major Beauty Treatment

| 1h15 | 159€ | by Olivier Claire

This premium treatment provides an immediate and visible action on the evenness and radiance of the complexion.

It combines the Discovery Treatment and the Eye Treatment.

### The Major Beauty Discovery Treatment | 1h | 139€ | 45min | 119€| by Olivier Claire

The first step towards luxury plant-based cosmetics. Leave the skin fresh, radiant, rehydrated and regenerated thanks to a combination of active ingredients that work in synergy. Your beauty is sublimated.

#### The Eye Treatment |30min|79€ | by Olivier Claire

A perfect alliance of specific natural active ingredients and adapted gestures for this sensitive area, the Eye Treatment erases shadows and smoothes the eye contour. Relaxed, the eyes are intensely illuminated.

Leonor Greyl

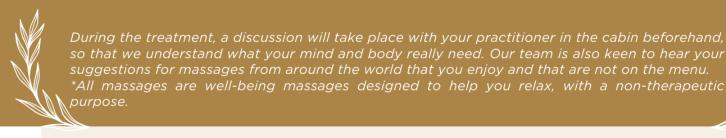
#### Our Hair Treatement

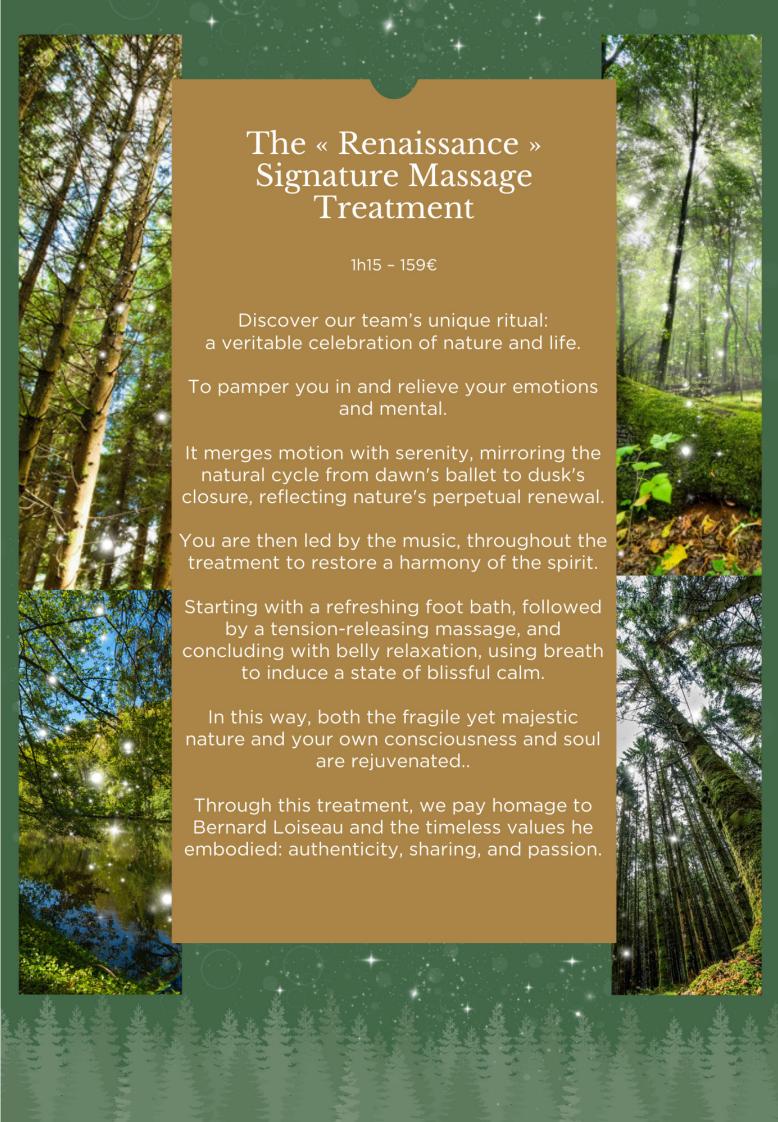
### The Sublimating Treatment | 1h | 139€ | par Leonor Greyl

A relaxing treatment right down to the ends of your hair, cradled by a scalp massage to relieve cranial tension. Benefit from a deep treatment of the scalp, which plays a key role in the health of your hair, and rediscover light, silky hair. Leave this treatment completely relaxed, thanks to the precious tools used.

Important information: plan on 1.5 hours - this treatment cannot be combined with access to the spa. Hair must be dry on arrival. The treatment is completed on damp hair. A hairdryer and styling tools will be provided so that you can style your hair as you wish.

For our external customers, a 2-hours access to the spa is included with your treatment (excluding the 30-minutes treatment.)





### Offers & Prices



## Give yourself some time with the tailor-made treatments\*

45 minutes: 105€

1h00: **125€** 1h15: **145€** 1h30: **165€** 

\*The indicated treatment time includes the installation and the advice (10-minute)

### For our external customers, a 2-hours access to the spa is included with your treatment (excluding the 30-minutes treatment.)

Our team of experts will provide you with a personalised experience to suit your needs and desires. Thus, you can choose your treatment from the menu, or compose your own using several of them.

The tailor-made treatment doesn't include the "Renaissance" signature massage treatment, the Olivier Claire treatments and Leonor Greyl treatments.

2-hours Spa Access: 65€, on booking. Limited places.

#### For the sweet tooth, explore our package including a sweet from the pastry chef and a drink:

Wellness Moment 140€: 2-hours spa access, 1-hour tailor-made treatment, snack.

Relaxing Escape 180€: 2-hours spa access, 1-hour 30 minutes tailor-made treatment, snack.

Relaxation for Two 280€: 2-hours spa access, 1-hour tailor-made treatment, snack for two people.

ff Services also available as gift vouchers, valid for one year, excluding weekends and public holidays.

#### Our Facial Treatment

### The Seasonal Revitalising Beauty Ritual by Clé des champs

A complete facial treatment, prepared according to the biorhythm of the current season and personalised to your skin's needs. Stimulation of energy flows and seasonal reflex zones. Leaving the whole body feels in total harmony.



#### Mister's Experience, by Monsieur Arsène

Discover a world of skincare dedicated to masculine skin, drived by the freshness of hesperides and woody notes. For the pleasure of skin that is gently cleansed, radiant and meticulously moisturised.

A cleansing and sublimating beard treatment, will be included for beards of at least 1 cm.



### Monsieur Arsène

PARIS

Monsieur Arsène provides a minimalist line of natural and organic products, offering men what Haute Cosmétique offers women. Facial and beard products elaborated with the best that nature has to offer, in a tradition of innovation and expertise. Monsieur Arsène offers a responsible consumption of cosmetic treatment products with a sober and contemporary aesthetic, made locally, using traditional methods and in a sustainable way.

### Our Body Treatments & Massages

#### The Tailor-Made Massage\*

A unique type of massage to get to the heart of the matter. Relaxing or invigorating, gentle or deep, we will respond to your personal needs based ona discussion with your expert.

### The Relaxing Back Treatment par Clé des champs

A moment of relaxation combining skin treatment with a seasonal scrub and body wrap. Relaxation with a massage of the area to relieve tension.

### The Season's Stroll by Clé des champs

Body scrub, body wrap and massage

An initiatory journey towards renewal. A treatment to turn over a new leaf and feel reinvigorated. Adaptable according to the treatment time chosen and the current season.

### Feet Well-Being Ritual by Clé des champs

This repairing treatment makes the hapiness of feet. A comforting feetbath, softening feet scrub and reflex zone massage with seasonal balm. Followed by acupressure on points of tension and smoothing movements to wrap the feet.



#### For the mother-to-be that you are

#### Our recommandation

The tailor-made treatment, adapted to the progress of the pregnancy. Massages for pregnant women are realisable between the 4th and 8th months according to a specific protocol and pressure, and in an individual cabin for optimal treatment. During the first trimester, we offer a relaxing facial treatment.



# Discover our relaxing and tasty treatments created for children

Collin Maillard is a natural cosmetics brand, committed to providing short-form products that respect children's sensitive skin.

A magical moment of relaxation for the little ones



Children's well-being is at the heart of our approach, so that we can support them in their daily lives. The poetic universe will arouse their curiosity and wonder.

Gourmet Ritual   30 min	65€
Emotions Game Gourmet massage with neutral or scented oil Or with grenadine balm or chocolate spread	
Superhero or Pretty Ballerine Ritual   30 min	65€
Emotions Game Facial treatment with magic mask Face and hand massage	
Enchanted Ritual   45 min	85€
Emotions Game and facial treatment Magic scrub and mask Face and back massage	
Duo Parent - Enfant   45 min	190€
Enjoy a moment of complicity in the duo cabin Your child will enjoy the Enchanted Ritual While you will benefit from a tailor-made treatment depending on your wishes	
Spa access not included in the treatment	

#### From 3 to 12 years old.

For treatments performed on children, a parent must be present in the cabin, otherwise the treatment cannot be given.

An armchair is provided for your comfort.

### Informations to know

#### Appointment

An arrival time is confirmed when you book. We ask you to respect this schedule, which requires organisation.

#### Delay

We cannot guarantee that your service will be delivered in its entirety in the case of delay. If this is not possible, the time for the prestation will be reduced by the time of the delay.

#### Cancelation

Any cancellation made less than 48 hours in advance will result in the billing of the treatment booked.

#### **Provided Materials**

For external customers, a locker with a bathrobe, a towel and flip-flops will be at your disposal so that you can enjoy your moment of relaxation in the best possible conditions. For guests staying at the Relais Bernard Loiseau, a bathrobe and flip-flops are available in your room. Towels are available at the spa reception.

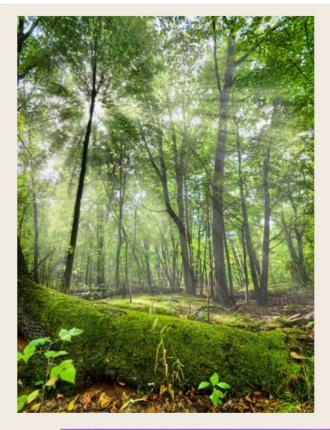
#### Lost and Theft

The establishment declines all responsibility in the event of loss or theft. A secure locker is available to keep your valuables. Guests staying at the hotel are kindly requested to leave all their valuables in their rooms.

#### Childrens

The multi-sensory and voluptuous areas are accessible from 16 years old. For guests staying at the Relais Bernard Loiseau only, children under the age of 16 years old (from the age of 3 years old) may access the facilities from 7.30 am to 10 am and after 7 pm, accompanied by a responsible adult.

Any inappropriate behaviour will end the prestation and may be subject to a spa exclusion.







4 avenue de la gare 21210 Saulieu

Hotel Customers:
Week: Treatments from 9.30 am to 6.30 pm
Weekend: Treatments from 10 am to 8 pm
Spa opens from 7.30 am to 11 pm

External Customers: booking by email spa.loiseaudessens@bernard-loiseau.com Reception from 10 am to 6 pm



For any request from your room dial the 2121